



OCCUPATIONAL HEALTH & SAFETY



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By law, all companies in South Africa with more than 20 employees are required to have official health and safety measures in place.

However, many businesses often lack the full knowledge and understanding of their legal responsibilities in this area or are unsure where to begin when it comes to implementing workplace safety measures..

Our fully accredited occupational health and safety training provide management and staff with an in-depth training and skills to ensure awareness with the necessary training

There is a rise in demand of health and safety skills in the workplace. Negligence of these laws can not only lead to serious impacts in the workplace, but also have severe financial implications on the company.

Occupational health and safety (OHS), or also known as workplace health and safety (WHS), is an area concerned with the safety, health and welfare of people engaged in work or employment.

The goals of occupational health and safety programs include:

- fostering a safe and healthy work environment
- protect employers, co-workers, family members, customers, and many others who might be affected by the workplace environment.

The term "occupational health and safety" is referred to as occupational health and occupational as well as non-occupational safety, thus includes safety inside as well as outside of work.

Considering common law jurisdictions, occupational health and safety are important for obvious reasons such as moral, legal and financial. This said, employers have a common law duty (reflecting an underlying moral obligation) to take safety precautions to ensure the wellbeing of their employees.

Statute law may build upon this to introduce and impose additional specific duties and create authoritative government bodies to regulate workplace safety issues - details of this will vary from jurisdiction to jurisdiction. With occupational health and safety in place, it may lead to fewer employee injuries and reduced illness related costs, such as medical care, sick leave and disability benefit costs.



First Aid

The aim of this program is to provide delegates with the basic theoretical knowledge and practical skills that will allow them to sustain the life of an ill or injured person until such time professional assistance becomes available.

Candidates will be taught how to approach an emergency scene and to conduct patient management in a methodical manner, using nothing more than proven techniques and whatever materials that are available at that point in time.

Level 1, 2 and 3



Fire Fighting

When faced with extraordinary situations, anything can happen. With proper training and education, the ability to make the right decisions in these extraordinary situations is essential.

Legislation requires that 1 in 50 people per company, or two per building, should be trained in basic firefighting.

The best method of stopping a fire is to prevent it. The actions taken to control a fire during the first few minutes will determine whether it can be contained or not, therefore it is important to be professionally trained and adequately prepared.



Workplace Safety

A safe working environment boosts employee morale, which ultimately increases productivity, efficiency and profit margins, as employees feel they can make a difference.

At Swift Skills Academy we equip candidates with the knowledge of personal safety and their responsibility towards it.

Value your employees. Put safety first.

COURSE CODE	TRAINING DAYS	COURSE NAME
OHS 1	2	Apply worksite practices
OHS 2	2	Basic first aid Level 1
OHS 3	1	Basic fire fighting
OHS 4	1	Occupational health and safety representative
OHS 5	2	HIV Aids in the workplace
OHS 6	1	Basic hazard identification in the workplace
OHS 7	2	Emergency procedures
OHS 8	2	Apply safety procedures
OHS 9	2	Deal with safety, health and environmental emergencies in the workplace
OHS 15	1	Incident Investigation
OHS 16	2	Basic First Aid Level 2
OHS 17	3	Basic First Aid Level 3
OHS 18	1	Fire Marshall Training
OHS 19	1/2	Ladder Inspection Training
OHS 20	1/2	Electrical Inspection Training